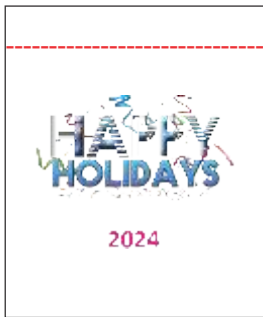


A festive graphic for the holidays. The words "HAPPY" and "HOLIDAYS" are written in a bold, blue, 3D-style font. The letters are decorated with colorful streamers and confetti. The word "HAPPY" is on the top line, and "HOLIDAYS" is on the bottom line. The background is white with a scattering of colorful confetti and streamers.

**HAPPY  
HOLIDAYS**

**2024**

# DIRECTIONS



1.

Fold the page at perforation line.

2.


Carefully tear along the perforation to reveal next page.

# NOVEMBER 2023

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
|     |     |     | 1   | 2   | 3   | 4   |
| 5   | 6   | 7   | 8   | 9   | 10  | 11  |
| 12  | 13  | 14  | 15  | 16  | 17  | 18  |
| 19  | 20  | 21  | 22  | 23  | 24  | 25  |
| 26  | 27  | 28  | 29  | 30  |     |     |

# DECEMBER 2023

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
|     |     |     |     |     | 1   | 2   |
| 3   | 4   | 5   | 6   | 7   | 8   | 9   |
| 10  | 11  | 12  | 13  | 14  | 15  | 16  |
| 17  | 18  | 19  | 20  | 21  | 22  | 23  |
| 24  | 25  | 26  | 27  | 28  | 29  | 30  |
| 31  |     |     |     |     |     |     |



**“It is often the small  
steps, not the giant  
leaps, that bring  
about the most  
lasting change.”**

**HRM QUEEN ELIZABETH II**

# JANUARY 2024

**1** New Year's Day    **15** Martin Luther King Jr. (US)

| SUN | MON       | TUE | WED | THU | FRI | SAT |
|-----|-----------|-----|-----|-----|-----|-----|
|     | <b>1</b>  | 2   | 3   | 4   | 5   | 6   |
| 7   | 8         | 9   | 10  | 11  | 12  | 13  |
| 14  | <b>15</b> | 16  | 17  | 18  | 19  | 20  |
| 21  | 22        | 23  | 24  | 25  | 26  | 27  |
| 28  | 29        | 30  | 31  |     |     |     |

---

---

---

*"It is often the small steps, not the giant leaps,  
that bring about the most lasting change."*

***Queen Elizabeth II***

**“A person who  
never made a  
mistake never tried  
anything new.”**

**ALBERT EINSTEIN**

# FEBRUARY 2024

14 Valentine's Day

19 Family Day (CA), President's Day (US)

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
|     |     |     |     | 1   | 2   | 3   |
| 4   | 5   | 6   | 7   | 8   | 9   | 10  |
| 11  | 12  | 13  | 14  | 15  | 16  | 17  |
| 18  | 19  | 20  | 21  | 22  | 23  | 24  |
| 25  | 26  | 27  | 28  | 29  |     |     |

---

*"A person who never made a mistake never tried anything new."*

*Albert Einstein*

**“We can't help  
everyone, but  
everyone can help  
someone.”**

**RONALD REAGAN**



# MARCH 2024


17 St. Patrick's Day 29 Good Friday 31 Easter

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
|     |     |     |     |     | 1   | 2   |
| 3   | 4   | 5   | 6   | 7   | 8   | 9   |
| 10  | 11  | 12  | 13  | 14  | 15  | 16  |
| 17  | 18  | 19  | 20  | 21  | 22  | 23  |
| 24  | 25  | 26  | 27  | 28  | 29  | 30  |
| 31  |     |     |     |     |     |     |

---

*"We can't help everyone, but everyone can help someone."*

*Ronald Reagan*



**“Believe you  
can and you're  
halfway there.”**

**THEODORE ROOSEVELT**

# APRIL 2024

**1** Easter Monday

| SUN | MON      | TUE | WED | THU | FRI | SAT |
|-----|----------|-----|-----|-----|-----|-----|
|     | <b>1</b> | 2   | 3   | 4   | 5   | 6   |
| 7   | 8        | 9   | 10  | 11  | 12  | 13  |
| 14  | 15       | 16  | 17  | 18  | 19  | 20  |
| 21  | 22       | 23  | 24  | 25  | 26  | 27  |
| 28  | 29       | 30  |     |     |     |     |

---

---

*"Believe you can and you're halfway there."*

**Theodore Roosevelt**

**“Where there's hope,  
there's life. It fills us  
with fresh courage  
and makes us  
strong again.”**

**ANNE FRANK, THE DIARY  
OF A YOUNG GIRL**

# MAY 2024

12 Mother's Day

20 Victoria Day (CA) 27 Memorial Day (US)

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
|     |     |     | 1   | 2   | 3   | 4   |
| 5   | 6   | 7   | 8   | 9   | 10  | 11  |
| 12  | 13  | 14  | 15  | 16  | 17  | 18  |
| 19  | 20  | 21  | 22  | 23  | 24  | 25  |
| 26  | 27  | 28  | 29  | 30  | 31  |     |

---

*"Where there's hope, there's life.  
It fills us with fresh courage and makes us strong again."*

**Anne Frank, The Diary of a Young Girl**

**“Happiness is not  
something readymade;  
it comes from  
your own actions.”**

**DALAI LAMA**

# JUNE 2024


16 Father's Day 19 Juneteenth (US)

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
|     |     |     |     |     |     | 1   |
| 2   | 3   | 4   | 5   | 6   | 7   | 8   |
| 9   | 10  | 11  | 12  | 13  | 14  | 15  |
| 16  | 17  | 18  | 19  | 20  | 21  | 22  |
| 23  | 24  | 25  | 26  | 27  | 28  | 29  |
| 30  |     |     |     |     |     |     |

---

*"Happiness is not something readymade; it comes from your own actions."*

**The Dalai Lama**



**“Once you replace  
negative thoughts  
with positive ones,  
you’ll start having  
positive results.”**

**WILLIE NELSON**



# JULY 2024

**1** Canada Day **4** Independence Day (US)

| SUN       | MON       | TUE       | WED       | THU       | FRI       | SAT       |
|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
|           | <b>1</b>  | <b>2</b>  | <b>3</b>  | <b>4</b>  | <b>5</b>  | <b>6</b>  |
| <b>7</b>  | <b>8</b>  | <b>9</b>  | <b>10</b> | <b>11</b> | <b>12</b> | <b>13</b> |
| <b>14</b> | <b>15</b> | <b>16</b> | <b>17</b> | <b>18</b> | <b>19</b> | <b>20</b> |
| <b>21</b> | <b>22</b> | <b>23</b> | <b>24</b> | <b>25</b> | <b>26</b> | <b>27</b> |
| <b>28</b> | <b>29</b> | <b>30</b> | <b>31</b> |           |           |           |

---

*"Once you replace negative thoughts with positive ones,  
you'll start having positive results."*

**Willie Nelson**

**“Remember that the  
airplane takes  
off against the wind,  
not with it.”**

**HENRY FORD**

# AUGUST 2024

5 Civic Holiday (CA)

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
|     |     |     |     | 1   | 2   | 3   |
| 4   | 5   | 6   | 7   | 8   | 9   | 10  |
| 11  | 12  | 13  | 14  | 15  | 16  | 17  |
| 18  | 19  | 20  | 21  | 22  | 23  | 24  |
| 25  | 26  | 27  | 28  | 29  | 30  | 31  |

---

---

---

*“Remember that the airplane takes off against the wind, not with it.”*

**Henry Ford**


**“Act as if what  
you do makes  
a difference.  
IT DOES.”**

**WILLIAM JAMES**

I hope you are enjoying this handy calendar.

If you would like to receive a  
2025 calendar next year,  
please call or email me.

My contact information is  
on the business card attached above.



**“Shoot for the moon.  
Even if you miss,  
you'll land among  
the stars.”**

**NORMAN VINCENT PEALE**

# SEPTEMBER 2024

**2** Labour Day

**30** National Day for Truth and Reconciliation (CA)

| SUN | MON       | TUE | WED | THU | FRI | SAT |
|-----|-----------|-----|-----|-----|-----|-----|
| 1   | <b>2</b>  | 3   | 4   | 5   | 6   | 7   |
| 8   | 9         | 10  | 11  | 12  | 13  | 14  |
| 15  | 16        | 17  | 18  | 19  | 20  | 21  |
| 22  | 23        | 24  | 25  | 26  | 27  | 28  |
| 29  | <b>30</b> |     |     |     |     |     |


---

---

---

*"Shoot for the moon. Even if you miss, you'll land among the stars."*

**Norman Vincent Peale**



**“Sometimes you  
will never know  
the VALUE of a  
moment, until it  
becomes a  
MEMORY.”**

**DR. SEUSS**



# OCTOBER 2024

**14** Thanksgiving (CA), Columbus Day (US) **31** Halloween

| SUN | MON       | TUE | WED | THU       | FRI | SAT |
|-----|-----------|-----|-----|-----------|-----|-----|
|     |           | 1   | 2   | 3         | 4   | 5   |
| 6   | 7         | 8   | 9   | 10        | 11  | 12  |
| 13  | <b>14</b> | 15  | 16  | 17        | 18  | 19  |
| 20  | 21        | 22  | 23  | 24        | 25  | 26  |
| 27  | 28        | 29  | 30  | <b>31</b> |     |     |

---

---

*“Sometimes you will never know the value of a moment,  
until it becomes a memory.”*

**Dr. Seuss**

**“The people who are  
crazy enough to think  
they can change  
the world are the ones  
who do.”**

**STEVE JOBS**

# NOVEMBER 2024

**11** Remembrance Day (CA), Veterans Day (US)

**28** Thanksgiving (US)

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
|     |     |     |     |     | 1   | 2   |
| 3   | 4   | 5   | 6   | 7   | 8   | 9   |
| 10  | 11  | 12  | 13  | 14  | 15  | 16  |
| 17  | 18  | 19  | 20  | 21  | 22  | 23  |
| 24  | 25  | 26  | 27  | 28  | 29  | 30  |

---

*“The people who are crazy enough to think they can change the world  
are the ones who do.”*

**Steve Jobs**

**“If I cannot do  
great things, I can  
do SMALL things  
in a great way.”**

**MARTIN LUTHER KING JR.**

# DECEMBER 2024

**25** Christmas Day    **26** Boxing Day (ON)

| SUN | MON | TUE | WED       | THU       | FRI | SAT |
|-----|-----|-----|-----------|-----------|-----|-----|
| 1   | 2   | 3   | 4         | 5         | 6   | 7   |
| 8   | 9   | 10  | 11        | 12        | 13  | 14  |
| 15  | 16  | 17  | 18        | 19        | 20  | 21  |
| 22  | 23  | 24  | <b>25</b> | <b>26</b> | 27  | 28  |
| 29  | 30  | 31  |           |           |     |     |

---

---

---

*"If I cannot do great things, I can do small things in a great way."*

**Martin Luther King Jr.**

# 2025

## JANUARY

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    | 1  | 2  | 3  | 4  |
| 5  | 6  | 7  | 8  | 9  | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 |    |

## FEBRUARY

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    |    |    |    | 1  |
| 2  | 3  | 4  | 5  | 6  | 7  | 8  |
| 9  | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 |    |

## MARCH

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    |    |    |    | 1  |
| 2  | 3  | 4  | 5  | 6  | 7  | 8  |
| 9  | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 |    |    |    |    |    |

## APRIL

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    | 1  | 2  | 3  | 4  | 5  |
| 6  | 7  | 8  | 9  | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 |    |    |    |

## MAY

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    |    | 1  | 2  | 3  |
| 4  | 5  | 6  | 7  | 8  | 9  | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

## JUNE

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
| 8  | 9  | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 |    |    |    |    |    |

## JULY

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    | 1  | 2  | 3  | 4  | 5  |
| 6  | 7  | 8  | 9  | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 |    |    |

## AUGUST

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    |    |    | 1  | 2  |
| 3  | 4  | 5  | 6  | 7  | 8  | 9  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 |    |    |    |    |    |    |

## SEPTEMBER

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    | 1  | 2  | 3  | 4  | 5  | 6  |
| 7  | 8  | 9  | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 |    |    |    |    |

## OCTOBER

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    | 1  | 2  | 3  | 4  |    |
| 5  | 6  | 7  | 8  | 9  | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 |    |

## NOVEMBER

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    |    |    |    |    |    | 1  |
| 2  | 3  | 4  | 5  | 6  | 7  | 8  |
| 9  | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 |    |    |    |    |    |    |

## DECEMBER

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
|    | 1  | 2  | 3  | 4  | 5  | 6  |
| 7  | 8  | 9  | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 |    |    |    |

# IMPORTANT PHONE NUMBERS

**Police • Fire • Ambulance: Call 911**

Home Address \_\_\_\_\_

Home Phone \_\_\_\_\_

Mom's Cell \_\_\_\_\_

Dad's Cell \_\_\_\_\_

Hospital \_\_\_\_\_

Pharmacy \_\_\_\_\_

Poison Center \_\_\_\_\_

Doctor \_\_\_\_\_

**Other Important Numbers**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# KITCHEN CONVERSIONS

| Cup      | Milliliters | Fluid Ounces | Tablespoons | Teaspoons |
|----------|-------------|--------------|-------------|-----------|
| 1/16 cup | 15 ml       | 1/2 oz       | 1 tbsp      | 3 tsp     |
| 1/8 cup  | 30 ml       | 1 oz         | 2 tbsp      | 6 tsp     |
| 1/4 cup  | 59 ml       | 2 oz         | 4 tbsp      | 12 tsp    |
| 1/3 cup  | 79 ml       | 2 2/3 oz     | 5 1/3 tbsp  | 16 tsp    |
| 1/2 cup  | 118 ml      | 4 oz         | 8 tbsp      | 24 tsp    |
| 2/3 cup  | 158 ml      | 5 1/3 oz     | 10 2/3 tbsp | 32 tsp    |
| 3/4 cup  | 177 ml      | 6 oz         | 12 tbsp     | 36 tsp    |
| 1 cup    | 237 ml      | 8 oz         | 16 tbsp     | 48 tsp    |